### Workshop activities

#### Participants in workshop activities

19 680

of which young people

12 475



#### Referral sources to workshop activities



#### Positive progress experienced

 $86\,\%$  in readiness for studies and working life

84 % in daily life skills

80 % in sense of life control

80 % in social skills



94%

of participants experienced social empowerment during their workshop period

#### After the workshop period\*

37 % Entered education

Entered another guided measure (e.g., company work trial)

10 % Entered employment

Situation in life changed (e.g., military service, parental leave)

21% Unemployed or moved

## Workshop activities

# What are workshop activities?

A workshop is a coaching community that enhances participation and well-being while supporting individuals on their path toward education and employment. Workshop activities are based on multidisciplinary collaboration within youth, employment, education, social, and health services. Youth workshop activities are available in 78% of municipalities.

Coaching in a workshop is goal-oriented, tailored to the participant's needs, and focused on developing skills and competencies.

Workshop activities:

- Strengthen daily life management and functional capacity
- Develop social skills and the ability to work in a group
- Increase and recognize competencies while improving work-life skills
- Support transitions to education and open labor markets

The most common workshop coaching services

1.Work trials

- 2. Rehabilitative work activities
  - 3. Workshop contracts
  - 4. Educational services
  - 5.Vocational rehabilitation services

Workshop activities highly rated

4,4

Scale 1-5

Into – Association for Outreach Youth Work and Workshop Activities strengthens and develops outreach youth work and workshop activities nationwide.



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